



Collective Soul Space

July and August Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>12:10 – 12:50 PM Yin Yoga (bilingue) Anne-Marie Guedon <i>No classes July 18 or Aug 1</i></p> <p>5:30 – 6:45 PM Nia Johanna Tiemessen <i>No class Aug 1</i></p>	<p>12:10 – 12:50 PM Pilates Anne-Marie Guedon <i>No classes July 19 or Aug 2</i></p>	<p>12:10 – 12:50 PM Barre Lindsey Oosenbrug-Trinh <i>No classes Aug 3 or Aug 10</i></p> <p>7:00 – 8:30 PM Energy & Intuition Workshop Janice Brown <i>July 13 ONLY*</i></p>	<p>12:10 – 12:50 PM Ayurvedic Rebalancing Yoga Christa Domchek</p> <p>5:30 – 6:30 PM HIIT Anne-Marie Guedon</p>	<p>12:10 – 12:50 PM Nia Johanna Tiemessen</p>		<p>7:00 – 8:30 PM Rolling Massage Workshop Michaelis Harrison <i>July 10 and Aug 21 ONLY*</i></p> <p>7:00 – 9:00 PM Candlelight Restorative Yoga Bliss Christine Lewandowski-Shannon <i>July 24 and Aug 28 ONLY*</i></p>